

FREE THE PRESS

*** TURN OFF
mainstream media!**

*** AVOID social media
censorship!**

*** FREE YOURSELF
from the matrix!**

EDITION #4

6 JUNE, 2020

FREE FOR DISTRIBUTION

Use Your Logos—Speak Your Truth

The pen is mightier than the sword, so the saying goes. Some may scoff at this phrase as a trite and naïve sentiment, representative of banal and cowardly thinking. At best it might hint at a Hamlet complex - all overwrought thinking, discussion, dissection, no action. And there may sometimes be an element of that. But let's flip the statement on its head and think about what happens when our word, as a people, is forcibly removed. Or more insidiously, when it is captured and subverted.

This week it was announced that people in the UK must wear a face mask when using public transport. A mask covers your mouth, makes communication difficult. It creates distance between people. We probably just won't bother speaking to each other. It heightens fear, makes others appear threatening to us and makes us feel judged, belittled and seen as a toxic presence. When our word is forcibly removed we are effectively enslaved, we have had our individuality stripped away, made into a two-dimensional entity, devoid of personality or opinion. Our voice, the gift of speech is what makes us human. It is what elevates us from being mere animals on this earth to higher beings. I believe we have a responsibility to use this gift wisely and truthfully.

The ancient Indian Vedic philosophy, which teaches of the human chakra system, identifies the throat chakra (Vishuddha in Sanskrit, translated as 'purification') as the gateway to the higher levels of being, the first of the spiritual realms. It is believed to be the seat of personal truth, self-expression, creativity and communication and it's our sacred duty to use our word to express our truth - even if that means standing apart from others. If we do not honour our truth we are allowing ourselves to be cut off from our highest aspects,

diminishing our will and energetically severing our heads from our bodies. We become no more than cattle.

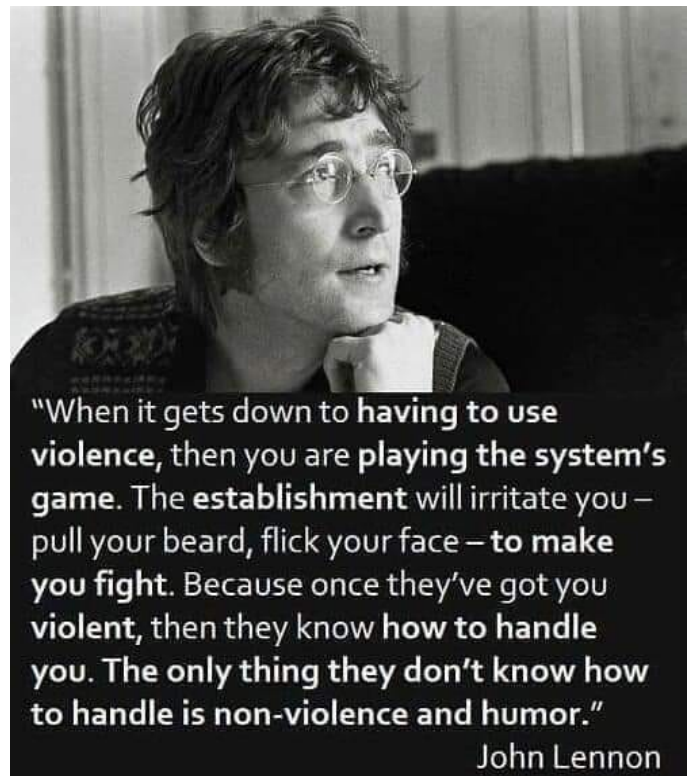
Through all historical eras and geographical areas slaves have been forced to wear mouth guards, to demonstrate that they were owned, were less than human and had no free will. In Victorian times children were "seen and not heard". They were merely decoration, they were the grace of their parents, to do their bidding. To mute somebody is the ultimate form of abasement. The same is happening today, in a less overt way. We have been tricked into vocal enslavement. If you have to use a mask in public I would suggest writing a word on it, spreading your message. A single word has power. Whether it is 'love', 'slave', 'freedom' or whatever feels right, do it. Be bold and sing your song of individuality and freedom wherever you go.

George Floyd of course was pinned to the ground by a boot on the neck - a clear symbol of oppression. Whether you think this was a planned act, or merely a situation that got out of control, that image will stay in all of our minds. And now the worldwide protests - a narrative created and controlled, used to create more anger, division and hatred. This is a subversion of our word. The media has decided what our opinions must be and created a herd mentality of opinion. Of course this can be exemplified throughout the entire Time of

Corona. The debate about freedom of speech and censorship rages, with YouTube, Facebook, CNN, BBC doing battle daily with Trump and alternative news sources such as this one.

The blaring media doing such an impressive job of drowning out dissenting voices shows us again the power of the word. It literally controls your mind, and from there your thoughts, actions and life, like a ripple effect.

Communication is a two way street - we must listen as well as speak. So choose who you listen to. Take the time to listen to yourself. Do you know what you really believe? Are your thoughts and words really your own? Have you tested, digested and re-formulated your opinions? Or are they simply empty phrases regurgitated from others, designed to create a specific effect? Go deep and find your word. Now is the time to start fighting back. *Do not become an unthinking slave.*



FREE THE PRESS needs YOU to help spread the love. Sign up to our weekly e-mailout at www.decliningtofall.co.uk, print off as many copies as you like, and distribute them wherever needed.

Herman G. Utterfraud MD

As a doctor, I am often asked whether social distancing is something we need to be observing in the current environment.

The simple answer is an emphatic yes. By ensuring a safe distance — ideally no less than two meters — is kept between people, we can all play our part in defeating what is almost certainly the worst pandemic in all of human history.

Sadly for some, that means an indefinite cancellation of large business meetings, religious services and entertainment events.

Since coronavirus is spread mainly through respiratory droplets (especially when people cough or sneeze), maintaining distance will do much to help to decrease the spread of the virus.

It is for this reason, of course, that many governments have had to take the regrettable but necessary step of “locking down” their societies to ensure this vital concept is uniformly applied.

But what if you find yourself angered by a news event in the United States and feel the need to “send a message” to local politicians?

In such a situation, you should exercise extreme caution, limiting any involvement to no more than 10,000 fellow demonstrators.

Where looting or necessary physical violence is called for, be sure to wear a suitable face mask. Good luck — and be kind!

• Herman G. Utterfraud is a widely consulted medical expert and the owner of a new laptop obtained during a recent protest march.

OMG, How Racist Are You!

You are a racist if you:

Think your race is inherently physically superior to others
Think your race is inherently morally superior to others
Think your race is inherently intellectually superior to others

Think that you can adopt terrible negative cultural traits as a race with no consequence

Think laws don't apply to you because of your skin colour

Think you should be allowed to loot and burn because of your skin colour

Think that only your suffering or your deaths matter because of your skin colour

Think that everyone of your skin colour is innocent

Think that every other skin colour is out to get you

Think that everyone of your skin colour understands suffering in ways nobody else can

Think that people of your skin colour are owed special privileges

Think that other skin colours should take the knee on your command

Think that one other skin colour is responsible for most evil in history

Think people of a certain skin colour have to vote for you

Think a person who held a gun to a pregnant woman is a hero because of his skin colour

Think that you are the victim of a vast conspiracy organised by another race for hundreds of years

The first three are the traditional beliefs of racial supremacy. These have been associated with rightwing thinking although the vast majority of rightwing thought has never endorsed or accepted them and effectively destroyed them as a major force in the middle of the 20th century.

The rest have all been invented and enthusiastically spread in the last 50 years. They are a mainstream, widespread, powerful, socially accepted part of leftwing politics. Classical liberalism opposes all of the above. Modern liberalism lives and feeds on all of the above.

I've noticed that there are white people who believe some or all of the above. There are far more white people who believe in the new leftwing racism than in the old rightwing racism (at least in the US and Western Europe). There are many more black people who believe some or all of the above. There are no doubt Arabic, Asian and Oriental people who believe some or all of the above, both traditional supremacy and leftwing racist inventions. Racism in every form is far more common and accepted among non whites around the rest of the globe than it is among whites in the western world. Everyone has been a slave. Everyone has been a conqueror. If you live in the West today (and aren't an imported sex slave or a raped victim of grooming gangs) none of it has any realistic connection to your life whatsoever. You aren't responsible and you aren't traumatised. You can't blame any of your personal fuck-ups on racism.

The Quiet Wisdom of Turning the Other Cheek

“Any intelligent fool can make things bigger, more complex, and more violent. It takes a touch of genius — and a lot of courage — to move in the opposite direction.”

— E.F. Schumacher

The events of this week are so grotesque, it's difficult to know what can usefully be written about them. It feels almost

trite to note that for months we have been browbeaten with the notion that anyone not social distancing is a mass murderer, yet somehow the thugs trashing cities across the West are heroes as their ultra-violence is being carried out in the name of combatting ‘racism’.

So what is a mere mortal to do? How are we witnesses to this madness to respond? It is obvious that we are being provoked into a civil war. Those who wish to rule over us must first

divide us, and what better way than to stir madness so egregious that any fair-minded person must be moved to respond? But they say that the unbeatable chess player is the naïve beginner, for the simple reason that their next move is completely unpredictable. By not playing by the commonly understood stratagems of the game, they ‘game’ the game. My proposal is that we fair-minded folk do the same.

Where we are being pro-

voked to anger, instead find our inner calm. Where they hope to turn brother against brother, we must instead grow more resolute in our determination to love unreservedly. That doesn't mean acceding to their unreasonable demands. We must never bend the knee, nor debase ourselves in any other way. But true progress has only ever been made through firm, yet peaceful resistance. And that must be our watchword too.